

REIMAGINING MENTAL HEALTH FOR VIRGINIA'S YOUTH:

A SCHOOL-BASED APPROACH CONFERENCE

THE WESTIN RICHMOND
JUNE 6 & 7 | 8AM- 5PM



Virginia Department of
Behavioral Health &
Developmental Services



DRAFT AGENDA

Hosted by the Office of Child and Family Services

Tuesday, June 6, 2023

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| 8:00am - 9:00am | Conference Registration & Continental Breakfast |
| 9:00am - 10:00am | Conference Welcome & Opening Remarks |
| 10:00am - 11:00am | OPENING KEYNOTE, Dr. Byron McClure |
| 11:15am - 12:45pm | Concurrent Breakout Sessions: Engaging and Maximizing Family Support through Diverse Perspectives Diverse Populations in Student Mental Health Exploring Virtual Calming Rooms as an Intervention to Address the Mental Health Needs of Students Moving from Surviving to Thriving: Building a School-Wide Culture of Wellness using a Multi-Tiered System of Support |
| 12:45pm - 1:45pm | LUNCH |
| 1:45pm - 3:15pm | Concurrent Breakout Sessions: Engaging and Maximizing Family Support through Diverse Perspectives The Role of Policy and Advocacy in Shaping School-Based Mental Health Initiatives Restorative Practices in K-12 Schools Suicide Prevention, Intervention, and the 42 CFR Part 2 for School-Based Behavioral Health Professionals |
| 3:30pm - 5:00pm | Concurrent Breakout Sessions: Engaging and Maximizing Family Support through Diverse Perspectives All Things Forms Strengthening School-Wide Social Emotional-Behavioral Support Expanding Access to Short-Term Counseling Services for School-Aged Youth |
| 5:00pm - 6:00pm | EVENING NETWORKING EVENT |

Wednesday, June 7, 2023

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| 8:00am - 9:00am | Conference Registration & Continental Breakfast |
| 9:00am - 10:00am | Opening Remarks |
| 10:00am - 11:30am | Concurrent Breakout Sessions: Creating Seats at the Table for Youth Led Mental Health Programs: 4 Strategies to Support Youth Mental Health in Schools The Return: Assisting Students with Returning to School after Behavioral Health Hospitalizations Leveraging Community Collaboration and Family Engagement to Build Systems of Support to Meet the Needs of Students for Academic Success Youth Screening, Brief Intervention and Referral to Treatment (SBIRT) in School-Based Settings |
| 11:45am - 12:30pm | Voices for Virginia's Children's Presentation: Let Them Speak: A Youth Panel Discussion on Mental Health (Teaser) |
| 12:30pm - 1:30pm | LUNCH |
| 1:30pm - 3:00pm | Concurrent Breakout Sessions: Creating Seats at the Table for Youth Led Mental Health Programs: 4 Strategies to Support Youth Mental Health in Schools It Takes a Village: Community Partnerships to Address the Behavioral Health Needs of Students in a Rural Area Learning the Alphabet: LGBTQ+ 101 Conducting Reflective and Comprehensive School Mental Health Needs Assessments |
| 3:15pm - 4:45pm | Concurrent Breakout Sessions: Creating Seats at the Table for Youth Led Mental Health Programs: 4 Strategies to Support Youth Mental Health in Schools Building a Trauma-Informed Leadership Team (TILT) from the Ground Up COVID-19 and the Pandemic of Student Mental Health Self-Care Matters: Exploring Approaches for Personal Well-Being |